

Emily Abdy — 'Not Getting Any'
January 2021 — for immediate release



EMILY ABDY RELEASES DEBUT EP 'NOT GETTING ANY'

“Furious, cathartic, unrelenting, and intensely feminist” — UK-born composer and performer Emily Abdy is making a huge splash in the waters of modern British classical music with her debut orchestral EP, ‘Not Getting Any’.

The EP consists of three tracks performed by Thallein Ensemble (Royal Birmingham Conservatoire) and Orkest de Ereprijs, recorded over the course of 2017-2020. Drawing from Abdy’s personal experiences with misogyny, health, anxiety, and abuse, the record combines classical instrumentation with elements reminiscent of Swans, Thee Silver Mt. Zion, Lingua Ignota and 90’s riot grrrl, blending immersive percussion and cathartic orchestration with impassioned chanting from Thallein Ensemble, and pained performances from vocalists Dalma Sinka and Laura Ginström. “This piece was a way of using my voice (and facilitating others to do so)”, Abdy states about the meaning behind ‘Not Getting Any’, “when, like many other womxn (and men), I feel like my experiences and justified anger have been silenced.”

Emily Abdy’s debut EP shows her to be an innovative and blistering force in the new music world, with her unashamedly feminist and personal take on composition bound to inspire women across the landscape of contemporary music. With two collaborations in the works with Birmingham Record Company (NMC Recordings) — alongside fellow composers Corey Mwamba, Ryan Latimer, and Genevieve Murphy — Abdy is certain to be a figure to watch in 2021 and beyond.

“Emily’s new EP has set an incredibly high standard for contemporary music in 2021. If you’re into new music with a punk edge and DIY spirit, this record is bound to scratch that itch for catharsis and sheer intensity.” ~Zygmund de Somogyi, PRXLUDES

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Stream ‘Not Getting Any’ below:

<https://emilyabdy.bandcamp.com/album/not-getting-any>

Tracklist:

1. not getting any
2. lactic acid
3. when the gut screams no

track 1:

Performed by Thallein Ensemble

Conducted by Daniele Rosina

Recorded live at Bradshaw Hall, Birmingham, February 2020

track 2:

Performed by orkest de erepijs & Thallein Ensemble

Conducted by Daniele Rosina

Recorded live at Bradshaw Hall, Birmingham, April 2018

track 3:

Performed by orkest de ereprijs & Laura Ginström

Conducted by Rob Vermeulen

Recorded live at Gigant, Apeldoorn, NL, February 2020

Recording by Royal Conservatoire The Hague

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emilyabdy.com